

STRANDED

Breakfast menu

From 8am - 11am

House-baked 'old school' banana bread 6

Red papaya with shredded garden mint and fresh lime 11 (GF)
+ organic yoghurt 4

Stranded's signature granola with sticky apricot, organic yoghurt and fresh berries 16

Traditional porridge with Wollemi honey, banana and cinnamon 14

Hot cakes with organic yoghurt, maple syrup and fresh berries 16

French toast with maple syrup and fresh berries 14

Sauteed mushrooms on toast with fresh herbs and soft goat's cheese 15

Sweetcorn fritters with Linga Longa bacon, wild rocket, avocado and stranded relish 21

Soft flat-bread with wild rocket, purple slaw, crispy bacon, fried egg and hollandaise 13

Bacon and egg roll with tomato sauce, bbq sauce or Stranded relish 10

Eggs Benedict with crispy bacon or Florentine with spinach and hot-smoked salmon 16

Gluten-free toast, spinach, tomato, avo salsa, poached eggs and haloumi croutons 14 (GF)

Mushrooms 5 / Boston Beans 5 / Ham or Bacon 5 / Avocado 4 / Salmon 6

Drinks

Black Drum Coffee Reg 4 / Lge 5

Madura black tea pots or herbal varieties 6

Freshly squeezed orange, apple or watermelon juice 8.5

Peppercorn creek farm fresh organic green juice 8

Bucha Mumma organic ginger kombucha 5.5

Nakula organic coconut water 4

Natural chocolate, caramel, vanilla or strawberry milkshakes 7

STRANDED

Daytime menu

From 11am – 3pm

Soups

(served with toast & butter)

Vegetarian Soup of the Day / Moroccan lamb and pearl barley 14/18 (GF)

Stranded's signature granola with sticky apricot, organic yoghurt and fresh berries 16

Sweetcorn fritters with Linga Longa bacon, wild rocket, avocado and stranded relish 21

Bacon and egg roll with tomato sauce, bbq sauce or Stranded relish 10

Big Peking duck flatbread wrap with cucumber, shredded carrot, shallots and Hoi Sin 13

Toasted sandwich of Danish salami, brie, tomato, smashed avo and relish 11

Crispy chicken schnitzel on fresh Turkish with crispy serrano, baby rocket,
cheese, avocado and QP mayo 14

Hot-smoked Norwegian salmon on steamed greens with chilli-dill dressing 23 (GF)

Sweet potato nachos with Boston beans, avocado salsa, Grana Padano,
sour cream and smokey hot sauce 21 (GF)

Moroccan chicken casserole with organic yoghurt and baby pappadums 21 (GF)

Panko-crumbed fresh flathead fillets with shoe-string fries and salad 26

Market salad of baby lettuce, capsicum, avocado, chick peas, Spanish onion,
baby cucumber, Roma tomato, bocconcini, toasted nuts, lemon dressing and sticky balsamic 21 (GF)
add chicken 7 / salmon 6 / serrano 5

Sweets

Cinnamon coated churros with dipping chocolate 14

Apple and rhubarb crumble with vanilla custard 14

Chocolate fondant with vanilla ice-cream 16

Chocolate bread and butter pudding with creme fraiche 14

Lemon-lime tart with fresh berries and coulis 14